



Welcome to the healthcare tool you never knew you were missing.



TEAM is now your complete healthcare partner.



You and your family can turn to us for any mental health concerns, counseling for you and your family health diagnosis, concerns, and nutrition goals. We will jump into action on your behalf- whatever your situation calls for. It's simple, dependable high-quality support FREE as part of your existing benefits.

What can you trust TEAM for?

Medical services to help you with:

- Understanding Your Medical Diagnosis and Medications
- Finding High-Quality Health Care Providers
- Advice on Getting You the Best Care for Your Existing Conditions
- Coordination of Care for All Pre- and Post Surgical Conditions
- Nutrition Planning & Weight Management
- The Second Opinion Process
- Simplifying the Referral Process

Counseling services for:

- Alcohol or Drug Problems
- Depression/Anxiety
- Behavioral Concerns
- Relationship Challenges
- Family and Parenting Issues
- Grief and Loss
- Stress Management
- Job-Related Difficulties

Care Coordination Services to help:

- Schedule appointments
- Coordinate medical records
- Food resources
- Transportation resources
- Legal consultation
- Financial consultation



All services are confidential



24/7 phone assistance



218-727-8589
651-642-0182
800-634-7710

startwithteam.com