



When something's missing from life or work, we're here.

## What can you trust TEAM for?

### Medical services to help you with:

- Understanding Your Medical Diagnosis and Medications
- Finding High-Quality Health Care Providers
- Advice on Getting You the Best Care for Your Existing Conditions
- Coordination of Care for All Pre- and Post Surgical Conditions
- Nutrition Planning & Weight Management
- The Second Opinion Process
- Simplifying the Referral Process

### Counseling services for:

- Alcohol or Drug Problems
- Depression/Anxiety
- Behavioral Concerns
- Relationship Challenges
- Family and Parenting Issues
- Grief and Loss
- Stress Management
- Job-Related Difficulties

### Care Coordination Services

Call us for connection to lawyers and financial planners at discounted services, or for help finding eldercare and child-care. There are also articles, tips and links on our website.

### Locations:

#### Edina

3601 Minnesota Drive  
Suite 400  
Edina, MN 55435

#### Omaha

10761 Virginia Plaza  
Papillion, NE 68128

#### Duluth

2002 London Road  
Suite 95  
Duluth, MN 55812

#### Pewaukee

N25W23055 Paul Road  
Suite 3  
Pewaukee, WI 53072

### What we offer:

Short-term, face-to-face or telehealth counseling sessions FREE to you and eligible dependents to solve personal and workplace problems, as well as patient advocacy - offering a spectrum of options to help keep you healthy or respond to a medical condition.



All services are confidential



24/7 phone assistance



218-727-8589  
651-642-0182  
800-634-7710

[startwithteam.com](http://startwithteam.com)